

### Esperanza's

## School Lunch Program

Morning Snack, Lunch & Drink & Afternoon Snack WeeBits (12 months) and older

Roadrunner Catered Foods is based locally in Sugarland and has been providing healthy hot lunches to private school for decades. We are honored to be partnered with them to ensure our children get a daily well-balanced, nutritious meal.

With over 35 years in the food service industry, they believe in not only value of a daily healthy meal, but the quality of the ingredients and preparation that go into it.



## HEALTHY & NUTRITIOUS, GREAT FOR KIDS & DELICIOUS!

- Let us take the worry and stress away of what to fix your child for lunch.
- All Items are made fresh daily and always on time!
- <u>Vegetarian/Gluten-Free Meals can be made</u> <u>upon request</u>.
- All of their chefs are Serve-Safe certified by the National Restaurant Association.
  - Recent recipient of an A+ rating from the City of Sugar Land's health
     department.
    - Taste tested and approved by the Esperanza children.

#### **PROGRAM DETAILS**

- Includes AM Snack, Lunch and drink, PM Snack. (The morning and afternoon snack will be singular (1/one) in quantity for example 1 container of sliced apples). You are welcome to pack additional snacks if you choose.
- Payment drafted with the ACH Tuition Payment System
- The Program will provide: Morning Snack, Lunch & drink, and Afternoon Snack.
  - Parents are responsible for providing their child a water cup that will be needed throughout the day and provide any additional snacks & drinks
- Your child <u>MUST</u> be 12 Months or Older.
- Menu calendar will be emailed monthly.
- Unfortunately your child may not participate if they have any food allergies.

#### TO ENROLL

- Fill out the attached form and policies
- Email to: adminsupport1@esperanzaschool.com,
- Place School Lunch Program " in the subject line.

If Esperanza School Lunch Program is not a perfect fit for your child, don't worry! You can withdraw from the program by the 20th of each month. Your child will remain enrolled for the remainder of the month.

# Sample Calendar ESPERANZA SCHOOL

b	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Oven Baked Breaded Flounder Mashed Potatoes Organic Green Beans Organic Seasonal Fresh Fruit V: Veggie Nuggets	Fettuccine Alfredo w/ Grilled Chicken Organic Oven Roasted Carrots Wheat Roll Organic Seasonal Fresh Fruit V: Fettuccine Alfredo	Beef Burger w/ American Cheese Oven Baked French Fries Organic Sweet Peas Organic Seasonal Fresh Fruit V: Veggie Burger	Chicken Teriyaki Fried Rice w/ Mixed Veggies Organic Crinkle Cut Carrots Wheat Roll Organic Seasonal Fresh Fruit V: Teriyaki Fried Rice w/ "Veggie" Chicken	Oven Baked Cheese Pizza Mixed Greens Salad w/ Ranch Organic Seasonal Fresh Fruit
	Buttermilk Waffles w/ Syrup Oven Baked Chicken Tenders Potatoes O'Brien Organic Seasonal Fresh Fruit V: Veggie Nuggets	Chicken Fajita Soft Taco w/ Bell Peppers & Monterey Jack Cheese Spanish Rice w/ Organic Mixed Veggies Refried Beans Organic Seasonal Fresh Fruit V: Bean & Cheese Roll-Up	Parmesan Crusted Tilapia Loaded Mashed Potatoes Organic Peas & Carrots Mix Organic Seasonal Fresh Fruit V: Veggie Nuggets	Bow Tie Pasta in a Lemon Butter Sauce w/ Grilled Chicken & Broccoli Organic Buttered Corn Wheat Roll Organic Seasonal Fresh Fruit V: Bow Tie Pasta w/ Veggie "Chicken"	Oven Baked Cheese Pizza Mixed Greens Salad w/ Ranch Organic Seasonal Fresh Fruit
	Cheesy Broccoli & Rice Casserole w/ Chicken Wheat Roll Organic Mixed Veggies Organic Seasonal Fresh Fruit V: Cheesy Broccoli & Rice Casserole	Macaroni & Cheese w/ Grilled Chicken Organic Sweet Peas Wheat Roll Organic Seasonal Fresh Fruit V: Macaroni & Cheese	Grilled Turkey & Cheddar Melt Oven Roasted Red Potatoes Organic Green Beans Organic Seasonal Fresh Fruit V: Grilled Cheese	BBQ Chicken Leg Potatoes Au Gratin Organic Crinkle Cut Carrots Organic Seasonal Fresh Fruit V: Cheesy Broccoli & Rice Casserole	Oven Baked Cheese Pizza Mixed Greens Salad w/ Ranch Organic Seasonal Fresh Fruit
	Penne Pasta w/ Beef Bolognese Organic Sweet Peas Wheat Roll Organic Seasonal Fresh Fruit V: Penne Pasta w/ Marinara Sauce	Buttermilk Waffles w/ Syrup Oven Baked Chicken Tenders Potatoes O'Brien Organic Seasonal Fresh Fruit V: Veggie Nuggets	Chicken & Cheese Quesadilla Spanish Rice w/ Organic Mixed Veggies Refried Beans Organic Seasonal Fresh Fruit V: Cheese Quesadilla	Beef Burger w/ American Cheese Macaroni & Cheese Organic Green Beans Organic Seasonal Fresh Fruit V: Veggie Burger	Oven Baked Cheese Pizza Mixed Greens Salad w/ Ranch Organic Seasonal Fresh Fruit
	Oven Baked Chicken Tenders Mashed Sweet Potatoes Organic Green Beans Organic Seasonal Fresh Fruit V: Veggie Nuggets	Baked Chicken Breast Steamed White Rice Organic Mixed Veggies Organic Cinnamon Baked Peaches V: Veggie "Chicken" Strips	Turkey & Cheddar Cheese Tortil- la Wrap w/ Lite Ranch Pretzels w/ Cheese Cubes Organic Seasonal Fresh Fruit V: Sunflower Seed butter & Jelly Sandwich	Vegetarian and Gl Substitutes will be m and or si	nade for each entrée